



# Carr Infant School

Confidence - Communication - Creativity

## SUN CREAM POLICY

Approved by	School Development Committee
Previously Approved	N/A
Date	September 2025
Review Date	September 2028

Headteacher: James Canniford

Chair of Governors: Charlotte Crabtree

## 1. Introduction

Carr Infant School is committed to safeguarding the health and wellbeing of all children and staff. Exposure to the sun's ultraviolet (UV) rays can cause skin damage and increase the risk of skin cancer. This policy outlines our approach to sun protection and provides guidance for staff and parents to minimise risk during sunny weather.

## 2. Aims

- To protect children and staff from the harmful effects of sun exposure.
- To educate children about sun safety through curriculum and routine practice.
- To provide clear guidelines for parents/carers and staff on the use of sun cream and other protective measures.

## 3. Policy Statement

We recognise the importance of sun protection and aim to ensure all children are protected from UV exposure during school hours, particularly in summer months and during periods of high UV index.

## 4. Roles and Responsibilities

### 4.1 Parents/Carers

- Provide a clearly labelled bottle of high-protection sunscreen (minimum SPF 30, broad-spectrum with a 4 or 5-star UVA rating).
- Apply sunscreen to their child before school each day.
- Ensure their child brings a named sun hat (preferably wide-brimmed or legionnaire style).
- Dress their child in sun-protective clothing (covering shoulders and upper arms).
- Inform the school of any allergies, sensitivities, or reactions to sunscreen and provide a suitable alternative as advised by a GP.
- Give consent for staff to apply sunscreen where applicable, using the school's designated method (e.g., via the Arbor App or consent form).

### 4.2 School Staff

- Oversee and encourage re-application of sunscreen before outdoor sessions, particularly around midday.
- Ensure sunscreen bottles are safely stored in a designated area in the classroom.
- Support Nursery and Reception children with reapplication as needed:
  - **Nursery/Reception:** Face, neck, arms, hands, and lower legs. (Arbor - parent/carer permission needed)
  - **KS1:** Neck only (Arbor - parent/carer permission needed).
- Respect parental wishes regarding staff assistance with sunscreen.
- Promote the use of hats, shade, and hydration, and monitor children's exposure during outdoor time.
- Include sun safety education in lessons and assemblies.

## 5. Procedures for Sunscreen Use

- Initial Application: Parents must apply sunscreen to children before school.
- Reapplication at School:
  - Children will be reminded and supported to reapply their own sunscreen.
  - Staff will oversee the application to ensure coverage is adequate.
  - Sunscreen will be stored in classrooms or a designated area.
  - Nursery and Reception: Staff may assist with application if written parental consent has been provided.
  - No aerosol sprays are permitted.

## 6. Other Sun Safety Measures

- **Shade:** Use of shaded outdoor areas (trees, shelters) is encouraged during break times and lessons.
- **Timing:** Outdoor activities will, where possible, be scheduled outside of peak UV hours (11 am – 3 pm).
- **Hydration:** Children will be encouraged to drink plenty of water.
- **Education:** Sun safety will be embedded in curriculum content and reinforced through visual displays, newsletters, and routine reminders.

## 7. Medical Conditions and Allergies

- Parents must inform the school of any medical conditions or skin sensitivities.
- Children with allergies may require alternative sunscreen products, which should be supplied by the parent in consultation with a GP.
- The school will not provide sunscreen, except in exceptional medical cases, agreed with the Headteacher and with parental consent.

## 8. Consent and Communication

- Parental consent for staff to assist with sunscreen application will be collected via the Arbor App.
- The school will remind parents about sun safety measures each summer term and ahead of outdoor events such as sports day or trips.

## 9. Monitoring and Review

- This policy will be reviewed every three years, or sooner if required due to changes in legislation or guidance.
- Feedback will be invited from staff, parents, and governors as part of the review process.
- Sun safety practices will be monitored regularly through curriculum review, staff observation, and audits of shade use and protective behaviours.